

**To: All Media**

**Attention: Editors and Journalists**

**Date: 12 August 2023**

### **LACE UP YOUR SNEAKERS IN KABEANE**

**KABEANE:** An inspirational demonstration of neighbourhood pride and healthy living was recently on display at the Kabeane Sports Ground in the Bakenberg Cluster on 12 August 2023, when participants gathered for the eagerly anticipated 5km and 8km Fun Walk /Run event.

The event brought together distinguished guests, including the Mayor of the Mogalakwena Local Municipality, His Worship Cllr Ngoako Taueatsoala, Member of Parliament Dipou Moatshe, Tinymine SAPS and other dignitaries, in efforts to giving people a platform to exercise. This event demonstrated the potential of community engagement with a common commitment to creating unity and promoting well-being.

A friendly race called a "Fun walk/run" incorporates either road running and people participate for fun rather than for the sake of competition it also encourages individuals of all ages and fitness levels to participate. By demonstrating the value of exercise for both physical and emotional well-being, the event aims to motivate people to adopt an active lifestyle.

The occasion took on a sense of importance and significance because Mayor Cllr Ngoako Taueatsoala and other dignitaries were there. In addition to demonstrating their dedication to the community's well-being, their participation provided as motivation for other guests.

The success of the 8km and 5km Fun Walk Runs at Kabeane Sports Ground acts as motivation for upcoming neighbourhood gatherings. Honourable figures like Mayor Taueatsoala's participation in the event serves as further proof of how crucial local leadership is in supporting a fit and active lifestyle.

"A woman is the most powerful and beautiful creature of the God. Behind our existence there is a woman. Go sana le mafelo a mangwe ao rena basadi renyenyefatswang and batho ba dumela gore re bokoa go feta banna. Le rena re nyaka go bonagala in the highest professional areas around the world. Re le basadi re nyaka phethogo le Respect ya go lekana, ka gore le rena re batho. A re emeleleng ka maoto re e sware ka thipa ka bogaleng batswadi. We bring life to this earth, we are extraordinary," said Member of Parliament Dipou Moatshe

The Fun Walks/run gained prominence as the day went on. The event included a range of artistic exhibitions and cultural displays. Visitors have the chance to interact with people of the local community while learning more about African culture and traditions. It was a day

for getting along with one another, exchanging tales and customs, and honouring the individual contributions that each person makes to our community.

**Issued by Mogalakwena Local Municipality Communications Unit.**

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